

WILD & FREE

4550 VAN NUYS BLVD, #A1 | SHERMAN OAKS, CA, 91403 · (818) 616-5688 · EATWILDANDFREE.COM · #EATWILDLIVEFREE

ROTISSERIE CHICKEN

QUARTER

WING & BREAST | \$7.95
LEG & THIGH | \$6.95

HALF

WING, BREAST, LEG & THIGH | \$10.95

ENJOY ONE SAUCE. \$.50 EACH ADDITIONAL.

CRISPY SHALLOT AIOLI, TOMATILLO, HICKORY RANCH, BBQ, WHOLE-GRAIN HONEY MUSTARD

CHOOSE YOUR STYLE

W&F ORIGINAL G

BLACK PEPPER, SALT, ONION, GARLIC

SAVORY G

LEMON, ROSEMARY, PARSLEY, SAGE, GARLIC

CRISPY CHICKEN QUARTER

\$7.95

PANKO FRIED LEG & THIGH

SIDES

\$3.95 REG | \$6.95 LRG

CARROTS VEG | G
SMOKED TRUFFLE HONEY

SKINNY FRIES V | G
ORIGINAL / SMOKEY

ASIAN SLAW V | G
SPICY PEANUT DRESSING, SESAME SEEDS, CILANTRO

CRISPY POTATOES VEG | G
TRIPLE FRIED, GARLIC, PARMESAN, HERBS

SIDE PLATE PICK ANY 3 REG SIDES

\$10.95

PREMIUM SIDES

\$4.95 REG | \$8.95 LRG

MAC & CHEESE VEG | G
SHARP CHEDDAR CREAM SAUCE, ROTINI PASTA, SAVORY PANKO BREAD CRUMBS

MEDITERRANEAN COUSCOUS VEG
ISRAELI COUSCOUS, CARAMELIZED ONION, CITRUS VINAIGRETTE, CHARRED CAULIFLOWER, HERBS, PINE NUTS, KALAMATA OLIVES

CHARRED CABBAGE VEG | G
DILL CREAM SAUCE

SEASONAL SIDES
CHECK OUR SPECIALS BOARD FOR OUR SEASONAL OFFERINGS

FAMILY MEAL

\$27.95

1 WHOLE CHICKEN +2 SIDES

SALADS

\$6.95

CHINESE SALAD

MIXED GREENS, SLAW, MANDARIN ORANGES, WONTON STRIPS, SPICY PEANUT DRESSING, CRISPY SHALLOT, ALMONDS, SESAME, CILANTRO

CAESAR

MIXED GREENS, GARLIC FLOWERS, HERBED BREAD CRUMBS, PARMESAN

ADD GRILLED CHICKEN +\$4.50

ADD CRISPY CHICKEN +\$4.50

ADD VEGAN, PLANT-BASED CHICKEN \$5.50

COBB SALAD

\$12.95

CHICKEN, MIXED GREENS, BLEU CHEESE CRUMBLES, HARD-BOILED EGG, CHERRY TOMATO, CRISPY BACON, MASHED AVOCADO, HOUSE VINAIGRETTE, CHIVES

BOWLS

\$10.95

SINALOA BOWL G

SPICY CHICKEN, HERBED RICE, GRILLED PINEAPPLE, GRILLED GREEN ONION, TOMATILLO

CARIBBEAN BOWL G

MANGO BBQ CHICKEN, SPICY ROASTED POBLANO AIOLI, SWEET CORN SALSA

LEMONGRASS BOWL G

SAVORY CHICKEN, HERBED RICE, PICKLED CUCUMBER, RADISH, CARROT, SESAME, RED CHILES, CILANTRO

W&F ORIGINAL BOWL G

SAVORY CHICKEN, HERBED RICE, ROASTED SEASONAL VEGETABLES, RED QUINOA, WHITE MISO VINAIGRETTE

SANDWICHES

\$7.95

HONEY CHICKEN BISCUIT

CRISPY PANKO CHICKEN, SPICY HONEY SAUCE, WHOLE GRAIN HONEY MUSTARD, BREAD & BUTTER PICKLES

CRISPY CHICKEN SANDWICH

CRISPY PANKO CHICKEN, MUESTER & PROVOLONE CHEESE SAUCE, BREAD & BUTTER PICKLES, COLE SLAW, CRISPY SHALLOT AIOLI, CHOICE OF OG OR SPICY

PERUVIAN SPICY CHICKEN

SPICY CHICKEN, AJI AMARILLO, ROMAINE HEARTS, SMASHED AVOCADO, PICKLED RED ONION

SMOKEY BBQ

SMOKEY BBQ CHICKEN, ROASTED CHILE MAYO, BUTTERMILK FRIED ONION, CANDIED PEPPERS

KIDS PLATE

\$7.95

AGES 12 AND UNDER

CHICKEN TENDERS OR 2 DRUMSTICKS

WITH ONE SIDE AND A DRINK

CHOOSE ONE SAUCE: BBQ, HICKORY RANCH, HONEY MUSTARD

DESSERT

CRACKED CORN COOKIES

\$1.95

BUTTERY, SWEET CORN SUGAR COOKIE

DRINKS

STUBBORN CRAFT SODA

\$2.95

SEASONAL LEMONADE

\$2.95

ICED TEA

\$2.95

KOMBUCHA

\$6.00

BEER

\$7.00

WINE

\$7.95

BEYOND MEAT IS OUR PARTNER PROVIDING A VEGAN, PLANT-BASED MEAT SUBSTITUTE - GLUTEN, DAIRY, AND GMO FREE

VEG VEGETARIAN **G** GLUTEN FREE **V** VEGAN